



SPINNING BABIES®
2021 World
Confluence

VIRTUAL CONFERENCE
INTEGRATING A
NEW PARADIGM

PRE-CONFERENCE: October 22, 2021 • MAIN CONFERENCE: October 23 - 24, 2021

CONFERENCE AGENDA

Spinning Babies® reserves the right to adjust times and presentations.

PRE-CONFERENCE

Friday, October 22, 2021

9:00 - 9:30 **Gail Tully**

The Anatomy of Spinning Babies®: Soft Tissues and the Three Levels

9:30 - 10:55 **Lindsay McCoy**

Proactive Prep: A Proactive Approach to Preparing the Body for Birth During Pregnancy

10:55 - 11:50 **Rachel Shapiro**

Balance Drawn: Illustrating Soft Tissue Physiology Pregnancy & Birth: Uterosacral Ligaments

11:50 - 12:00 **Break**

12:00 - 1:25	Carole Osborne Pamela Guldi	Rhythmic Rocking: The Head Bone is Connected to the Pelvic Bones (and the Spine Is, Too!)
1:25 - 2:25	Round Table	Pregnancy/ BodyWork (Brown Bag Lunch)
2:25 - 3:50	Jamie Mossay Nicole Morales	Breech Release: Opportunities for Revolution
3:50 - 4:00	Break	
4:00 - 4:55	Kristen Hosaka	Nuchal Hands: Identifying and Correcting Compound Presentations Non-Invasively
4:55 - 5:55	Round Table	Breech and After the Baby Turns
Close of Day 1		

MAIN CONFERENCE

Saturday, October 23, 2021

9:00 - 10:25	Dr. Bradley Bootstaylor	Shared Decision Making
	Dr. Bradley Bootstaylor	Q and A
10:25 - 10:35	Break	
10:35 - 11:30	Amy Gilliland	Working with the Laboring Brain: The Mechanisms Behind Birth Doula Support
11:30 - 12:55	Jennifer Walker Marlies Phielix Joyce Hoek-Pula	To Be or To Do?: Maintaining Our Own Physiology While Implementing Spinning Babies® in Labor
12:55 - 1:05	Break	

1:05 – 2:00	Jamie Mossay	Belly Rub: Simple Massage Techniques to Connect with Your Client, Prepare for/Integrate After Body Balancing, and Just Feel Good!
2:00 – 3:00	Round Table	Connecting With Parents: Uplifting the Physiology of Our Communication (Brown Bag Lunch)
3:00 – 3:55	Karen Strange	From Liquid to Air: The Astounding Transition Human Babies Make at Birth
3:55 – 4:50	Carol McLellan	Conscious Babies: The Astounding Transition Human Babies Make at Birth
4:50 – 5:45	Karen McClay	The Mind-Body: How Psychology Affects Physiology: The Prenatal and Perinatal Paradigm
End of Day 2		

MAIN CONFERENCE

Sunday, October 24, 2021

9:00 – 10:30	Kelli Brien	Equity: Organizational and Systemic Change
10:30 – 11:20	Rhea Williams	Addressing Equity within Spinning Babies® Organisational Changes
11:20 – 11:50	Gail Tully	Spinning Babies® Today: Checking In With Our Paradigm
11:50 – 12:00	Break	

12:00 – 12:55	Jenny Blyth	Go Figure!: Sharing the Stories of Three Babies Who Started Birth in Favourable Positions and Turned Posterior
12:55 – 1:50	Mary Nolan Becci Godwin	Belly Dancing: Anatomical and Physiological Benefits for Pregnancy and Labor
1:50 – 2:00	Break	
2:00 – 2:55	Nicole Morales Emma Moreland	Palpation: Back to the Basics
2:55 – 3:50	Claire Eccleston	Where's the Baby?: Gathering Information, the Art of Vaginal Assessments
3:50 – 4:00	Break	
4:00 – 4:55	Lisa Cryderman	A Revolution: A Nurse's Story of Changing Her Practise Through Learning & Integration
4:55 – 5:50	Nikki Zerfas	Can Physiology Be First When Birth Is Complex?: Spinning Babies® Approach During Medically Complicated Pregnancy and Birth
5:50 – 6:20	Gail Tully	Spinning Babies® Tomorrow: How Our Paradigm Will Unfold
End of Conference		

Access to the 2021 World Confluence conference presentations will be available in the online platform until March 23, 2022.

You will be emailed a link on October 1, 2021 to register for access to the online platform.

Maternity House dba Spinning® Accredited with distinction as a provider of nursing continuing professional development by the American Nurses Credentialing Centers Commission on Accreditation.

This conference has been awarded up to 22.5 contact hours. **Contact hours will be awarded upon attending and passing a post-test for each session with a passing rate of 80%.**

Up to 22.5 CE are *pending* for ACNM.

