



SPINNING BABIES®

# 2021 World Confluence

VIRTUAL CONFERENCE

# INTEGRATING A NEW PARADIGM

PRE-CONFERENCE:  
October 22, 2021

MAIN CONFERENCE:  
October 23 - 24, 2021

## What Can You Expect?

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The Spinning Babies® 4th annual conference brings birth professionals online to integrate a paradigm of Physiology Before Force. How do we prioritize physiology when a pregnancy or labor needs our support? Physiology can mean more than “natural birth”. Enjoy new discoveries in anatomy, hormones, and techniques. Our changing world needs a third perspective, one where physiology informs the way to balance.

Get practical and simple solutions to labor dystocia and a midwife, nurse, or doula can use the knowledge to see a reduction in cesarean deliveries immediately.

## Who's This Conference For?

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Connect with other midwives, labor and delivery nurses, physicians, doulas, childbirth educators, and pregnancy-focused bodyworkers. Meet and learn from international speakers and our Approved Trainers who will take our concepts further into informed application. Benefit from a new birth perspective that midwives and nurses say “blew my mind” and “changed my practice even after 20 years of practice.”

## Keynote Speaker for 2021 World Confluence

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Dr. Bradley Bootstaylor, MD is a maternal-fetal medicine specialist in Atlanta, GA.

*“We are proud to welcome Dr. Bradley Bootstaylor as our keynote speaker for Spinning Babies® 2021 World Confluence. Dr. Bootstaylor gives excellent care for families earning him respect across the nation.”*

### Gail Tully

Founder of Spinning Babies®

## Keynote: Dr. Bradley S. Bootstaylor, MD, FACOG

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### SPEAKER TOPIC:

## Shared Decision Making, followed by a Q & A

Bradley S. Bootstaylor, MD, FACOG is board certified in Obstetrics and Gynecology and Maternal-Fetal Medicine by the American Board of Obstetrics and Gynecology. He has been in private practice in Atlanta since 1996 and is a co-founder of Atlanta Perinatal Associates, departing this company in 2009. Dr. Bootstaylor received his medical degree in 1988 from the Albert Einstein College of Medicine in New York. He completed his Ob/Gyn residency at St. Luke's/Roosevelt Medical Center in New York City in 1992. He also completed his fellowship training in Maternal-Fetal Medicine and Obstetrical Sonography in 1994 at the Univ. Of California at San Francisco Medical Center (also his hometown). Subsequently he spent 2 years as an Assistant Professor of Ob/Gyn at the Beth Israel Medical Center in New York. Dr. Bootstaylor has published several articles on fetal physiology and obstetrical sonography. As an undergraduate he received the Jonas E. Salk Scholarship, and during his active duty for 4 years with U.S. Army Special Forces (Green Berets), he received the Army Commendation Medal. He is a Fellow of the American College of Obstetrics and Gynecology, and a member of the National Medical Association, American Institute of Ultrasound in Medicine, and the Society for Maternal-Fetal Medicine. Dr. Bootstaylor and his wife Lisa (also a physician), live in midtown Atlanta, and immensely enjoy raising their 3 children.



## Keynote: Dr. Bradley S. Bootstaylor, MD, FACOG

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- Board Certification
- Obstetrics and Gynecology and Maternal-Fetal Medicine by the American Board of Obstetrics and Gynecology
- Education and Training
- Medical degree from the Albert Einstein College of Medicine in New York
- Ob/Gyn Residency
- St. Luke's-Roosevelt Hospital Center, New York, NY
- Fellowship Training
- University of California Medical Center, San Francisco, CA
- Professional Memberships
- American College of Obstetricians and Gynecologists
- International Society of Ultrasound in OB/GYN
- Sigma XI Scientific Society
- Society for Maternal-Fetal Medicine
- Society of Perinatal Obstetricians



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**2021 World  
Confluence**

VIRTUAL CONFERENCE  
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PRE-CONFERENCE: October 22, 2021 • MAIN CONFERENCE: October 23 - 24, 2021

# CONFERENCE AGENDA

Spinning Babies® reserves the right to adjust times and presentations.

## PRE-CONFERENCE

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### Friday, October 22, 2021

9:00 - 9:30	<b>Gail Tully</b>	<b>The Anatomy of Spinning Babies®:</b> Soft Tissues and the Three Levels
9:30 - 10:55	<b>Lindsay McCoy</b>	<b>Proactive Prep:</b> A Proactive Approach to Preparing the Body for Birth During Pregnancy
10:55 - 11:50	<b>Rachel Shapiro</b>	<b>Balance Drawn:</b> Illustrating Soft Tissue Physiology Pregnancy & Birth: Uterosacral Ligaments
11:50 - 12:00	<b>Break</b>	

12:00 - 1:25	<b>Carole Osborne Pamela Guldi</b>	<b>Rhythmic Rocking:</b> The Head Bone is Connected to the Pelvic Bones (and the Spine Is, Too!)
1:25 - 2:25	<b>Round Table</b>	<b>Pregnancy/ BodyWork</b> (Brown Bag Lunch)
2:25 - 3:50	<b>Jamie Mossay Nicole Morales</b>	<b>Breech Release:</b> Opportunities for Revolution
3:50 - 4:00	<b>Break</b>	
4:00 - 4:55	<b>Kristen Hosaka</b>	<b>Nuchal Hands:</b> Identifying and Correcting Compound Presentations Non-Invasively
4:55 - 5:55	<b>Round Table</b>	<b>Breech and After the Baby Turns</b>
<b>Close of Day 1</b>		

## MAIN CONFERENCE

**Saturday, October 23, 2021**

9:00 - 10:25	<b>Dr. Bradley Bootstaylor</b>	<b>Shared Decision Making</b>
	<b>Dr. Bradley Bootstaylor</b>	<b>Q and A</b>
10:25 - 10:35	<b>Break</b>	
10:35 - 11:30	<b>Amy Gilliland</b>	<b>Working with the Laboring Brain:</b> The Mechanisms Behind Birth Doula Support
11:30 - 12:55	<b>Jennifer Walker Marlies Phielix Joyce Hoek-Pula</b>	<b>To Be or To Do?:</b> Maintaining Our Own Physiology While Implementing Spinning Babies® in Labor
12:55 - 1:05	<b>Break</b>	

1:05 – 2:00	<b>Jamie Mossay</b>	<b>Belly Rub:</b> Simple Massage Techniques to Connect with Your Client, Prepare for/Integrate After Body Balancing, and Just Feel Good!
2:00 – 3:00	<b>Round Table</b>	<b>Connecting With Parents:</b> Uplifting the Physiology of Our Communication (Brown Bag Lunch)
3:00 – 3:55	<b>Karen Strange</b>	<b>From Liquid to Air:</b> The Astounding Transition Human Babies Make at Birth
3:55 – 4:50	<b>Carol McLellan</b>	<b>Conscious Babies:</b> The Astounding Transition Human Babies Make at Birth
4:50 – 5:45	<b>Karen McClay</b>	<b>The Mind-Body:</b> How Psychology Affects Physiology: The Prenatal and Perinatal Paradigm
<b>End of Day 2</b>		

## MAIN CONFERENCE

**Sunday, October 24, 2021**

9:00 – 10:30	<b>Kelli Brien</b>	<b>Equity:</b> Organizational and Systemic Change
10:30 – 11:20	<b>Rhea Williams</b>	<b>Addressing Equity within Spinning Babies® Organisational Changes</b>
11:20 – 11:50	<b>Gail Tully</b>	<b>Spinning Babies® Today:</b> Checking In With Our Paradigm
11:50 – 12:00	<b>Break</b>	

12:00 – 12:55	<b>Jenny Blyth</b>	<b>Go Figure!:</b> Sharing the Stories of Three Babies Who Started Birth in Favourable Positions and Turned Posterior
12:55 – 1:50	<b>Mary Nolan Becci Godwin</b>	<b>Belly Dancing:</b> Anatomical and Physiological Benefits for Pregnancy and Labor
1:50 – 2:00	<b>Break</b>	
2:00 – 2:55	<b>Nicole Morales Emma Moreland</b>	<b>Palpation:</b> Back to the Basics
2:55 – 3:50	<b>Claire Eccleston</b>	<b>Where's the Baby?:</b> Gathering Information, the Art of Vaginal Assessments
3:50 – 4:00	<b>Break</b>	
4:00 – 4:55	<b>Lisa Cryderman</b>	<b>A Revolution:</b> A Nurse's Story of Changing Her Practise Through Learning & Integration
4:55 – 5:50	<b>Nikki Zerfas</b>	<b>Can Physiology Be First When Birth Is Complex?:</b> Spinning Babies® Approach During Medically Complicated Pregnancy and Birth
5:50 – 6:20	<b>Gail Tully</b>	<b>Spinning Babies® Tomorrow:</b> How Our Paradigm Will Unfold
<b>End of Conference</b>		

Access to the 2021 World Confluence conference presentations will be available in the online platform until March 23, 2022.

You will be emailed a link on October 1, 2021 to register for access to the online platform.

Maternity House dba Spinning® Accredited with distinction as a provider of nursing continuing professional development by the American Nurses Credentialing Centers Commission on Accreditation.

This conference has been awarded up to 22.5 contact hours. **Contact hours will be awarded upon attending and passing a post-test for each session with a passing rate of 80%.**

Up to 22.5 CE are *pending* for ACNM.





# CONFERENCE PRICING

(includes Pre-Conference and Main Conference)

Pricing early bird and then standard pricing

EARLY BIRD

**\$327.00**

April 30 to July 15, 2021

REGULAR

**\$377.00**

July 16 to September 30, 2021

## ▶ WATCH FOR SPONSORSHIP OPPORTUNITIES! ◀

**Early Bird Open Registration for Sponsors is May 30, 2021**

*Watch on the Conference site.*

## What Are Others Saying About Confluence?

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*This was the best conference I've been to in my career.*

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*Thank you for the absolutely wonderful beyond words Spinning Babies® Confluence!*

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*The conference was the best of the best!*

## What Are Others Saying About Confluence?

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*“THANK YOU SO VERY MUCH!!  
I just can’t get enough of this. I have been present at thousands of births (high risk, home birth, birth center) and so many real-life stories (including my own and my daughters POWERFUL birth stories) pop up in my head as I watch and listen intently. This is a deeply moving and healing experience for me. I’m not alone!! Spinning Babies® is helping me understand the why (deeper physiology) of the what I have observed and done over the years and still doing today. It gives me an internal language to explain some of the unexplainable miracle of birth. I will never lose my awe for birth ... and even after all these years working with birthing families and care providers is energizing and deeply satisfying. It is such an honor to be so deeply connected to birth.  
Thank you again!!*



*“Hello Spinning Babies®. Being a part of this world confluence has really been an experience. As we learned to make “room for the baby”, we were actually learning to make room in our hearts; incorporating the spoken, as well as the inner, nonverbal messages that Spinning Babies® represent. We learn to operate with a sixth sense and allow our human instinct to guide our hands and our thoughts—  
so thank you.*

## Website and social media links

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[www.spinningbabiesconference.com](http://www.spinningbabiesconference.com)



[facebook.com/spinningbabieslady](https://facebook.com/spinningbabieslady)



[instagram.com/spinningbabies/](https://instagram.com/spinningbabies/)



[twitter.com/spinningbabies](https://twitter.com/spinningbabies)



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